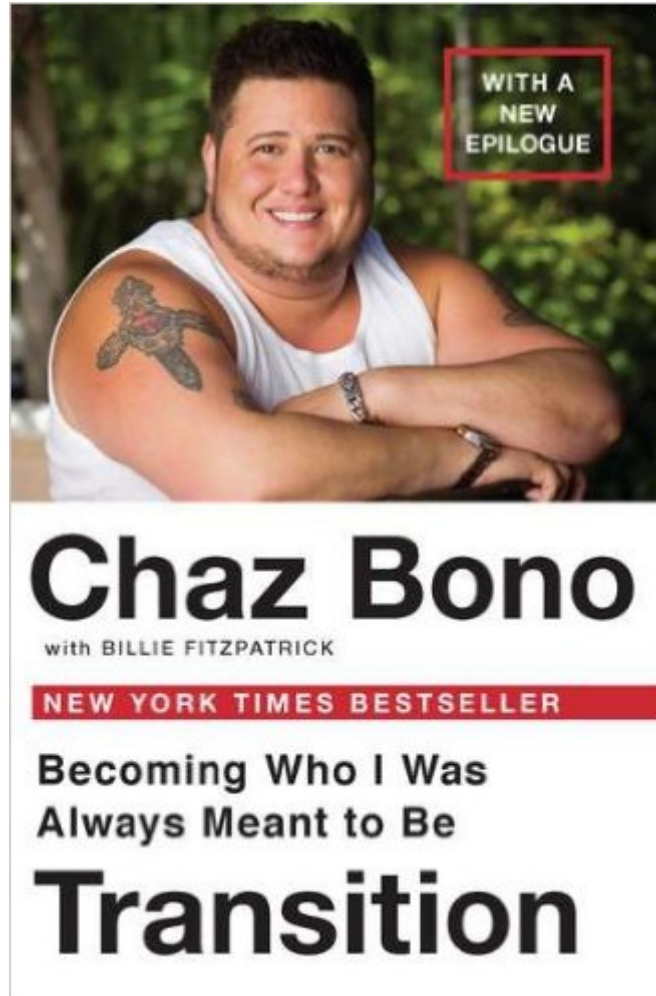


The book was found

# Transition: Becoming Who I Was Always Meant To Be



## Synopsis

The New York Times bestseller that asks: What happens on the journey from self-doubt to self-acceptance? Imagine knowing, for decades, that the person you are and the body you inhabit don't match up. Imagine pushing that feeling down so deep that you convince yourself, for years, that it doesn't even exist. Imagine the havoc wreaked by such a secret. Now, imagine living this life under the scrutiny of the public eye. Chaz Bono has lived this life. We first met him as Chastity, the darling girl on stage with her parents, Sonny and Cher. Then, we knew her as an out lesbian and gay activist. Through all of this, Chaz was plagued by a nagging feeling that he wasn't living the life meant for him. It wasn't until he admitted, first to himself, then to his family, and finally to the world, that he was a transgender man, that Chaz Bono fully embraced his true self. In *Transition*, Chaz shares his deeply moving and ultimately triumphant account of the physical and emotional process that brought him to a place of peace, and finally happiness. With a message to anyone who has ever felt that they couldn't be who they really are, *Transition* is as inspirational as it is intimate.

## Book Information

Paperback: 272 pages

Publisher: Plume; Reprint edition (May 29, 2012)

Language: English

ISBN-10: 0452298008

ISBN-13: 978-0452298002

Product Dimensions: 5.6 x 0.6 x 8 inches

Shipping Weight: 7.8 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (86 customer reviews)

Best Sellers Rank: #1,041,607 in Books (See Top 100 in Books) #142 in [Books > Biographies & Memoirs > Specific Groups > LGBT > Transgender](#) #293 in [Books > Gay & Lesbian > Nonfiction > Transgender](#) #27391 in [Books > Biographies & Memoirs > Memoirs](#)

## Customer Reviews

For someone as high profile as Chaz to come out with such an honest book about his life is stunning. While other children of famous parents struggle with identity issues, he had the added burden of knowing he was born in the wrong body. I watched his struggles on "Celebrity Weight Loss" and also the documentary on OWN. I really wanted to read about this remarkable human being in his own words and I am so glad I did. Heartfelt and very readable, the book outlines

struggles with identity and revelation. If ever anyone had a doubt about transgender being a "real" condition, this book should erase that. Terrific autobiography of a fascinating person. Kudos.

I thoroughly enjoyed this book. I decided to read it after I watched Becoming Chaz on OWN which I liked very much. I found it very sad that Chaz lived his life so afraid of what other people think and denying himself who he really was. It certainly must have been a very hard struggle. Having lots of therapy myself I know you can only push feelings down for so long. I myself am learning how to be my true self and not caring what other people think. Chaz seems like a really wonderful person. I love his facial expressions too!!! I do wish I had such an understanding mother as Cher. Times are very different now anything goes. All in all an enjoyable truly honest read. Recommended.

All memoirs should aspire to this. This is a story of someone who had the sense of self and fearlessness to fully realize that by hiding or sublimating any part of their true self would only bring sadness and an incomplete life. What is most remarkable (to me) is that Chaz not only was and is true to himself, but brings his struggle (and triumph!) out publicly so that the struggle of others will be lessened. Even if you do not have the same issues, I cannot imagine anyone who could not relate to the intense desire to completely be true to themselves and the inner turmoil that such a struggle can often cause. Chaz's victory is everyone's victory. Chaz is a hero.

Thirty-five years ago, I had a girl friend who became a man. I did not have the benefit of hearing about the feelings and the process. Chas Bono writes an in depth account of both as well as details of his upbringing by famous parents Sonny and Cher. Male or female, Chas is just a very nice human being! I LOVED this audio book (read by Chas).

I was very surprised that this was not a celebrity pity party. Chaz speaks honestly and well about his journey and the story gives me a lot to think about as an ally who really didn't know much about the transgender experience. There's one stretch in here about a recording contract that seems longer than it is informative, but other than that, a very good read. Every moment is a teacher.

Very honest and direct account of one man's journey. Being Transgender ftm myself it was a great experience to read and find out I'm not the only one who's been through some things only an ftm child would experience. Thanks Chaz, I don't feel alone anymore and I find courage to transition myself.

fascinating reading. Chaz Bono tells it like it is, the good, the bad and the ugly. Heart rending to see what Chaz goes through. Well written and well thought through. If you have a family member who wants to transition this is THE book to get and read ahead of time. You will understand more of Cher's and Chez family dynamics (and frustrations) when you read this. See how Chaz's step mother (Sonny Bono's widow) helps her through her search to become a different type of person. A good companion piece to Family Outing.

This book was probably very hard for Chaz to write. He has been through a lot in life that no one knew about. Struggling like he did must have been hell. I admire him for his courage to do what he did and the strength to continue helping others. I hope he is truly happy because he has suffered enough.

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